

# Safety Tip

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## Road rage safety tips

### You can control road rage

Here are a few tips on how to deal with aggressive drivers, plus helpful hints to reduce your own stress while driving.

### Protect yourself

If you are dealing with an aggressive driver, make sure your doors are locked. If you're stopped in traffic, leave enough room to pull out from behind the car you're following. If an aggressive driver confronts you, report to police immediately.

### Don't take it personally

Be polite and courteous, even if the other driver isn't. Avoid any conflict, if possible. If another driver challenges you, take a deep breath and move out of the way! Never underestimate the other driver's capacity for causing mayhem.

### Reduce your own stress

Understand that you cannot control traffic, only your reaction to it. In the end, you may find that personal frustration, anger and impatience are the real danger zones on the highway.

### Be a courteous driver

- Control your anger
- Don't take traffic problems personally
- Avoid making eye contact with an aggressive driver
- Don't make obscene gestures
- Don't tailgate
- Use your horn sparingly — even a polite honk can be misinterpreted
- Don't block the passing lane
- Don't block the right turn lane

### Talk to others

Share a recent road rage incident with members of your family and friends, or even with community groups. This will help you better understand the situation and protect you in the future.

### Safety Tips

An initiative to share a safety and security tip to encourage caution amongst society...it's **worth following and sharing with near and dear ones!** We encourage everyone to be a part of this initiative through their inputs and thoughts.