

Safety Tip

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TIPS TO STAY SAFE IN A THUNDERSTORM

It is finally monsoon season in India, rain pouring all over the country. It also brings with it heavy thunderstorms that roars loudly and can be very frightening.

So to protect yourself, your family and home from these real dangers takes a little bit of knowledge and preparation.

Know the "30/30" rule

You see a lightning flash, start counting. If you don't make it to 30 before hearing the thunder, head indoors. Then stay indoors until 30 minutes.

If you're already indoors

- Avoid using corded phones and electronics. Electrical wires can conduct lightning.
- Don't use your cell phone.
- Don't wash your hands, shower, wash dishes or do laundry. Metal pipes in the plumbing can also conduct lightning.
- High winds and hail can shatter glass, so stay away from windows, skylights and doors.
- Keep drapes and blinds closed to prevent hail-shattered glass from blowing in or flying around.



If you're outside when a storm hits

- Take shelter when you see dark clouds or lightning, hear thunder or feel hail.
- Head for an enclosed building, rather than an open garage.
- No enclosed structure? Get inside a hardtop, all-metal car, truck or SUV. Avoid leaning against vehicles.
- Get off bicycles and motorcycles.
- If no shelter is available, squat down and put your hands on your knees with your head in between to make yourself a smaller target.
- If you're in the water, head for shore immediately and avoid metal objects. Water and metal can both carry an electrical current.
- If you're in a group of people, spread out.
- Take care of your pets by bringing them inside. Doghouses are not lightning- or hail-proof.

Source: Open

Safety Tips

An initiative to share a safety and security tip to encourage caution amongst society...it's **worth following and sharing with near and dear ones!** We encourage everyone to be a part of this initiative through their inputs and thoughts.